

Sant Gadge Baba Amravati University, Amravati
FACULTY: Interdisciplinary Studies
Scheme of Teaching, Learning, Examination & Evaluation leading to Two Years PG Degree Master of Counselling and Psychotherapy following
Two Years- Four Programme of 2024-2025 (Two Years- Four Semesters Master’s Degree Programme- NEPv24 with Exit and Entry Option
M. A (Counselling and Psychotherapy) First Year Semester- I

S.r No .	Subject	Name of Subject	Type of Course	Subject Code	Teaching & Learning Scheme							Duration Of Exam Hours	Examination & Evaluation Scheme							
					Learning Hours Per Week				Credits				Maximum Marks					Minimum Passing		
													Theory		Practical		Total Marks			
L	T	P	Total	L/T	Practical	Total	Theory Internal	Theory +MCQ External	Internal	External	Marks Internal	Marks External	Grade							
1	RM & IPR	Research Methodology and IPR	Th-Major	CPT 101	4			4	4		4	3	40	60			100	16	24	P
2	DSC-I.1	Fundamentals of Psychology	Th-Major	CPT 102	4			4	4		4	3	40	60			100	16	24	P
3	DSC-II.1	Fundamentals of Counselling & Fields of Counselling	Th-Major	CPT 103	4			4	4		4	3	40	60			100	16	24	P
4	DSC-III.1	Psycho-diagnostics	Th-Major	CPT 104	4			4	4		4	3	40	60			100	16	24	P
5	DSE-I	Human Development & Family Relationship OR Cognitive Psychology	Th- Major Elective	CPT 105 A CPT 105 B	4			4	4		4	3	40	60			100	16	24	P
																		Minimum Passing Marks		Grade
5	DSC-I.1 Lab	practical	Pr-Major	CPT 106			4	4		2	2	3			50	50	100	50		P
6	# On Job Training, Internship/ Apprentice ship, Fields projects Related to Major @ during vacations cumulatively.		Related to DSC		120 Hours Cumulatively during vacations of Semester I and Semester II							4*								
7.	Co-curricular Courses: Health and wellness ,Yoga Education ,Sports and Fitness ,Cultural Activities, NSS/ NCC,Fine/Applied/Visual/Performing Arts During Semester I,II,III and IV		Generic Optional		Exit Option with a PG Diploma with 4 Credits on job training/internship in the respective major subject • Student has to earn Total minimum 4 Credits cumulatively during Vacations of Semester I and Semester II from internship in order to exit after First year with PG Diploma (42-44) after Three Year UG Degree															
	TOTAL				24+(11) Self learning / Evaluation / assessment / Examination hours = minimum 35 learning hours						22						600			

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: **Prq**, Theory :**Th**, Practical/Practicum: **Pr**, Faculty Specific Core: **FSC**, Discipline Specific Core: **DSC**, Discipline Specific Elective: **DSE**, Laboratory: **Lab**, **OJT**: On Job Training: Internship/ Apprenticeship; Field projects: **FP**; **RM**: Research Methodology; Research Project: **RP**, **Co-curricular Courses**: **CC**

Note: # On Job Training, Internship/ Apprenticeship; Field projects **Related to Major (During vacations of Semester I and Semester II)** for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: **Co-curricular Courses:** In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for IQ development, Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during **Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade report.**

Special Note: Any Student who had not opted for Psychology as subject of degree of as Major or Minor in three years of his/her undergraduate programme but has taken admission in this course will have to earn minimum 24 credits from ' Additional Course Work / Pre-Requisite Course prescribed in the curriculum. in the first year of two year P.G programme such students will not be eligible to Enter in third semester (second year unless these 24 credits are earned.)

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Scheme of Teaching, Learning, Examination & Evaluation leading to Two Years P G Degree Master of Counselling and Psychotherapy following
Two Years- Four Programme of 2024-2025 (Two Years- Four Semesters Master's Degree Programme- NEPv24 with Exit and Entry Option
M. A (Counselling and Psychotherapy) First Year Semester- II [Level 6.0]

S. N.	Subject	Name of Subject	Type of Course	Subject Code	Teaching & Learning Scheme							Duration Of Exam Hours	Examination & Evaluation Scheme							
													Maximum Marks				Minimum Passing			
					Learning Hours Per Week				Credits				Theory		Practical					Total Marks
					L	T	P	Total	L/T	Practical	Total			Theory Internal	Theory +MCQ External	Internal	External	Marks Internal	Marks External	
1	DSC-I.2	Abnormal Psychology-I	Th-Major	CPT 201	4			4	4		4	3	40	60			100	16	24	P
2	DSC-II.2	Psychotherapy-I	Th-Major	CPT 202	4			4	4		4	3	40	60			100	16	24	P
3	DSC-III.2	Counselling skills and practices	Th-Major	CPT 203	4			4	4		4	3	4u	6u			100	16	24	p
4	DSE II	Vocational Guidance Counselling	Th-Major Elective	CPT 204 A																
		OR Personality Theory		CPT 204 B	4			4	4		4	3	40	60			100	16	24	P
																		Minimum Passing Marks		Grade
5	DSC-I.2 Lab.	Practical	Pr-Major	CPT 205			4	4		2	2	3			50	50	100	50		P
6	# On Job Training, Internship/ Apprentice ship, Fields projects Related to Major @ during vacations cumulatively.		Related to DSC		120 Hours Cumulatively during vacations of Semester I and Semester II						4*									P
7.	Co-curricular Courses: Health and wellness ,Yoga Education , Sports and Fitness ,Cultural Activities, NSS/ NCC, Fine/Applied/Visual/Performing Arts During Semester I,II,III and IV		Generic Optional		Exit Option with a PG Diploma with 4 Credits on job training/internship in the respective major subject • Student has to earn Total minimum 4 Credits cumulatively during Vacations of Semester I and Semester II from internship in order to exit after First year with PG Diploma (42-44) after Three Year UG Degree															
	TOTAL				20 + (15) Self learning / Evaluation / assessment / Examination hours = minimum 35 learning hours						18+4*						500			

L: Lecture, **T:** Tutorial, **P:** Practical/Practicum

Pre-requisite Course mandatory if applicable: **Prq**, Theory :**Th**, Practical/Practicum: **Pr**, Faculty Specific Core: **FSC**, Discipline Specific Core: **DSC**, Discipline Specific Elective: **DSE**, Laboratory: **Lab**, **OJT**: On Job Training: Internship/ Apprenticeship; Field projects: **FP**; **RM**: Research Methodology; Research Project: **RP**, Co-curricular Courses: CC

Note : # On Job Training, Internship/ Apprenticeship; Field projects **Related to Major (During vacations of Semester I and Semester II)** for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for IQ development, Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during **Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade report.**

Special Note: Any Student who had not opted for Psychology as subject of degree or as Major or Minor in three years of his/her undergraduate programme but has taken admission in this course will have to earn minimum 24 credits from ' Additional Course Work / Pre-Requisite Course prescribed in the curriculum in the first year of two year P. G. programme such students will not be eligible to Enter in third semester (second year unless these 24 credits are earned.)

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Two Years- Four Programme of 2024-2025 (Two Years- Four Semesters Master's Degree Programme- NEPv24 with Exit and Entry Option
M. A (Counselling and Psychotherapy) Second Year Semester- III

S. N.	Subject	Name of Subject	Type of Course	Subject Code	Teaching & Learning Scheme							Duration Of Exam Hours	Examination & Evaluation Scheme								
													Maximum Marks						Minimum Passing		
					Learning Hours Per Week				Credits				Theory		Practical		Total Marks				
					L	T	P	Total	L/T	Practical	Total		Theory Internal	Theory +MCQ External	Internal	External		Marks Internal	Marks External	Grade	
1	DSC-I.3	Social Research, Statistics and Computer Application	Th-Major	CPT 301	4			4	4		4	3	40	60			100	16	24	P	
2	DSC-II.3	Abnormal Psychology II	Th-Major	CPT 302	4			4	4		4	3	40	60			100	16	24	P	
3	DSC-III.3	Psychotherapy II	Th-Major	CPT 303	4			4	4		4	3	40	60			100	16	24	P	
4	DSE-III	Child, Adolescent and Parental Counselling OR Stress management-I	Th- Major Elective	CPT 304 A CPT 304B	4			4	4		4	3	40	60			100	16	24	P	
																		Minimum Passing Marks		Grade	
5	DSC-I.3 Lab	practical	Pr-Major	CPT 305			4	4		2	2	3			50	50	100	50		P	
6	Research project phase- I	Synopsis	Major	CPT 306	2	2	4	6	2	2	4				50		50	25		p	
7.	# On Job Training, Internship/ Apprenticeship, Fields projects Related to Major @ during vacations cumulatively.		Related to DSC		120 Hours Cumulatively during vacations of Semester I and Semester II																
8.	Co-curricular Courses: Health and wellness ,Yoga Education , Sports and Fitness ,Cultural Activities, NSS/ NCC,Fine/Applied/Visual/Performing Arts During Semester I,II,III and IV		Generic Optional		90 Hours Cumulatively From Sem I to Sem IV																
	TOTAL				26+(9) Self learning / Evaluation / assessment / Examination hours = minimum 35 learning hours						22						550				

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: Prq, Theory :Th, Practical/Practicum: Pr, Faculty Specific Core: FSC, Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Laboratory: Lab, OJT: On Job Training: Internship/ Apprenticeship; Field projects: FP; RM: Research Methodology; Research Project: RP, Co-curricular Courses: CC

Note : # On Job Training, Internship/ Apprenticeship; Field projects Related to Major (During vacations of Semester I and Semester II) for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for IQ development, Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade report.

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M. A (Counselling and Psychotherapy) Second Year Semester- IV [Level 6.5]

S. N.	Subject	Name of Subject	Type of Course	Subject Code	Teaching & Learning Scheme							Duration Of Exam Hours	Examination & Evaluation Scheme							
					Learning Period Per Week				Credits				Maximum Marks				Minimum Passing			
													Theory		Practical					Total Marks
L	T	P	Total	L/T	Practical	Total		Theory Internal	Theory +MCQ External	Internal	External	Marks Internal	Marks External	Grade						
1	DSC-I.4	Family and Marital Counselling	Th-Major	CPT 401	4			4	4		4	3	40	60			100	16	24	P
2	DSC-II.4	Health Counselling	Th-Major	CPT 402	4			4	4		4	3	40	60			100	16	24	P
3	DSC-III.4	Workplace Counselling	Th-Major	CPT 403	4			4	4		4	3	4u	6u			100	16	24	p
4	DSE IV	Social psychology OR Stress Management - II	Th- Major Elective	CPT 404 A CPT 304B	4			4	4		4	3	40	60			100	16	24	P
																		Minimum Passing Marks		Grade
5	DSC-I.4 Lab.	Case Study	Pr-Major	CPT 305			4	4		2	2	3			50		50	25		P
6	Research Project phase II	Research Project phase II	Major	CPT 306		2	8	10	2	4	6	3			50	50	100	50		P
7.	Co-curricular Courses: Health and wellness ,Yoga Education , Sports and Fitness ,Cultural Activities, NSS/ NCC,Fine/Applied/Visual/Performing Arts During Semester I,II,III and IV		Generic Option		CPT 301															
	TOTAL				30+(5) Self learning / Evaluation / assessment / Examination hours = minimum 35 learning hours					24						550				

L: Lecture, T: Tutorial, P: Practical/Practicum

Pre-requisite Course mandatory if applicable: Prq, Theory :Th, Practical/Practicum: Pr, Faculty Specific Core: FSC, Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Laboratory: Lab, OJT: On Job Training; Internship/ Apprenticeship; Field projects: FP; RM: Research Methodology; Research Project: RP, Co-curricular Courses: CC

Note : # On Job Training, Internship/ Apprenticeship; Field projects Related to Major (During vacations of Semester I and Semester II) for duration of 120 hours mandatory to all the students, to be completed during vacations of Semester I and/or II. This will carry 4 Credits for learning of 120 hours. Its credits and grades will be reflected in Semester II credit grade report.

Note: Co-curricular Courses: In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/ Winter School / Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, online/offline Courses on Yoga (Yoga for IQ development, Yoga for Ego development, Yoga for Anger Management, Yoga for Eyesight Improvement, Yoga for Physical Stamina, Yoga for Stress Management, etc.). These can be completed cumulatively during Semester I, II, III and IV. Its credits and grades will be reflected in semester IV credit grade repor